

How may we help you?

- Immunizations
- Well-child exams
- Healthy Start visits
- Birth control
- Fluoride dental varnish
- Prescription assistance
- Eye glass assistance



Public Health
Prevent. Promote. Protect.

Coffey County Health Department

Coffey County Health Department

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Burlington, KS 66839

620-364-8631
620-364-2045 Fax

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WIC

Nutrition for your



growing Family

WIC can make a difference

Tel: 620-342-4864

What is WIC?

WIC stands for Women, Infants, and Children.

It is a program that offers nutritional support & services to Kansas residents who are:

- Pregnant
- Breastfeeding
- Children under age five

WIC offers food packages (worth at least \$54) to families who qualify

Foods could include:

- Iron-fortified formula
- Milk, cheese, eggs
- Juice
- Cereal, whole grains
- Beans, peanut butter
- Fish
- Carrots
- Fruits & veggies

WIC is effective

As a family utilizing WIC services you will meet with a dietician and nurse regularly to review nutritional status, weight, height, and hemoglobin.

Research shows that children that utilize WIC have:

- lower rates of anemia
- increased intake of iron and vitamins
- higher immunization rates

Pregnant women who used WIC had:

- improved birth outcomes
- higher birth-weights
- lower infant mortality

How do I qualify?

You may be eligible for WIC if you:

- Live in Kansas
- Meet income guidelines at or below 185% of the poverty level
- Have a medical or nutritional need
- Participate in Food stamps, Medicaid, or Temporary Assistance for Families

To find out if you qualify or for more information, call: **620-342-4864**



WIC Works!



Coffey County Health Department

WIC services are provided by the Lyon County Health Dept WIC staff at the Coffey County Courthouse every other Tuesday

2009 schedule:
June 2, 16
July 7, 21
Aug 4, 18
Sept 1, 15
Oct 6, 20
Nov 3, 17
Dec 1, 15

